

# Primary School Meals

from Walsall Catering Service

Summer April – October 2018

Welcome to  
your new menu from  
**Bangers and Mash**

Freshly  
prepared fruit  
and salad  
available  
every day!



Walsall Council

# Menu

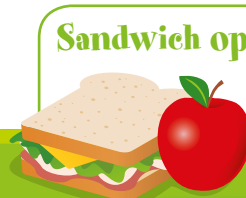
## Summer April – October 2018

Week 1	Week Commencing 16/04/18, 07/05/18, 04/06/18, 25/06/18, 16/07/18, 10/09/18, 01/10/18				
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Menu A</b>	Meat Balls in Tomato & Basil Sauce	Butter Chicken Curry	All Day Breakfast	Roast Turkey & Stuffing	Oven Baked Battered Fish
<b>Menu B</b>	Oven Baked Fish Fingers	Homemade Cheese Pizza	Pasta Bake	Cheese Omelette & Spaghetti Hoops	Vegetarian Sausage Roll
<b>Menu C</b>	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling
<b>Starch</b>	Pasta Creamed Potatoes	Rice & Naan Bread Jacket Wedges	Hash Brown Waffles	Roast Potatoes Creamed Potatoes	Chips
<b>Vegetables</b>	Freshly Prepared Carrots & Peas	Peas Baked Beans	Tomatoes, Baked Beans, Sweetcorn & Peas	Fresh Prepared Carrots & Broccoli	Peas
<b>Desserts</b>	Sugar Ring Doughnut	Fruit Salad & Shortcake Finger	Rice Pudding	Fruit Salad & Ice Cream	Sticky Chocolate Pudding

Week 2	Week Commencing 23/04/18, 14/05/18, 11/06/18, 02/07/18, 23/07/18, 17/09/18, 08/10/18				
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Menu A</b>	Oven Baked Sausage	Chicken Wrap	Lasagne	Roast Beef & Yorkshire Pudding	Oven Baked Battered Fish
<b>Menu B</b>	Homemade Cheese & Potato Pie	Oven Baked Fish Fingers	Quorn Curry	Cheese Omelette & Spaghetti Hoops	Homemade Ham & Pineapple Pizza
<b>Menu C</b>	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling
<b>Starch</b>	Creamed Potatoes	Jacket Wedges Creamed Potatoes	Garlic Bread Naan Bread & Rice	Roast Potatoes Creamed Potatoes	Chips
<b>Vegetables</b>	Peas & Sweetcorn Baked Beans	Freshly Prepared Carrots & Peas	Freshly Prepared Coleslaw	Freshly Prepared Carrots & Broccoli	Peas
<b>Desserts</b>	Fruit Topped Waffle	Flapjack & Custard	Iced Lemon Sponge & Custard	Fruit Salad & Ice Cream	Chocolate Cracknell & Custard

Week 3	Week Commencing 30/04/18, 21/05/18, 18/06/18, 09/07/18, 03/09/18, 24/09/18, 15/10/18, 22/10/18				
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Menu A</b>	Homemade Chicken Wrap	Homemade Beef Bolognese	Aberdeen Angus Burger in a Bun	Chicken Fillet & Stuffing	Oven Baked Battered Fish
<b>Menu B</b>	Vegetarian Balls in Tomato & Basil Sauce	Oven Baked Fish Fingers	Homemade Pizza	Quorn Curry	Cheese Omelette & Spaghetti Hoops
<b>Menu C</b>	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling
<b>Starch</b>	Noodles Pasta	Creamed Potatoes Garlic Bread	Jacket Wedges	Roast Potatoes Creamed Potatoes, Rice	Chips
<b>Vegetables</b>	Chopped Mixed Peppers Sweetcorn	Freshly Prepared Carrots	Coleslaw Baked Beans	Broccoli & Carrots	Peas Sweetcorn
<b>Desserts</b>	Blueberry Muffin & Custard	Fruit Salad & Mousse	Apple Sponge & Custard	Fruit Salad & Ice Cream	Jam Tart & Custard

**Alternative Desserts available every day:**  
**Fresh Fruit Salad, Yoghurt, Cheese & Biscuits**  
**Water is available every day**



**Sandwich option available**

There is a choice of fresh sandwiches available daily.

**Freshly prepared salad and bread basket every day!**

**Pasta & Sauce (Vegetarian) every day!**

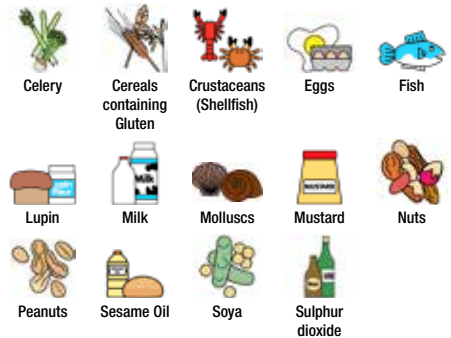


## Our menu

This menu is provided to schools across Walsall, however some schools may request changes or provide an additional choice.

## Allergens

Our professional and dedicated catering team are able to provide details of food allergens on request. We are able to cater for medically diagnosed food allergies and intolerances by working closely with the child's dietitian.



Some of our menu items contain allergens, including: **Celery, Cereals containing Gluten, Crustaceans (Shellfish), Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Sesame oil, Soya, Sulphur dioxide.**

**Peanuts** and **Nuts** are also classed as allergens but these are not used on our menu.

**For more information on allergies or special diets please contact Walsall Catering Services on 01922 652560.**

## Pricing

All children in Reception, Year 1 and Year 2 can enjoy school meals for free. Children in Years 3 and above may be able to claim free school meals (eligibility criteria include a family income less than £16,190 and not receiving Working Tax Credit).



Contact your child's school or the Local Authority on 01922 650000/ 0300 555 2855 or visit the Civic Centre for more information. Your child's school will let you know if and how much you will need to pay for school meals.

**Apply online for an instant decision**

**[http://cms.walsall.gov.uk/free\\_school\\_meals](http://cms.walsall.gov.uk/free_school_meals)**

**Alternatively email: [freeschoolmeals@walsall.gov.uk](mailto:freeschoolmeals@walsall.gov.uk) for information**

## Did you know?

- Our fresh produce is all sourced in the West Midlands
- Our menu is fully compliant with the statutory school food standards
- We only use free range eggs
- All of our meat is British and Red Tractor Certified

## Food Theme Days

There are lots of Theme Days for the 2017/18 School Lunch Menu. Christmas Lunch is a firm favourite with both adults and children, where staff and pupils join together to enjoy some traditional Christmas fare. Dates will be confirmed nearer the time and may vary from school to school.

**Please check with your child's school for further details.**

*High Standards:*



## contact us

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