

Watling Street School - Physical Education Long Term Plans 2016-2017

Year Group	Autumn		Spring		Summer	
Nursery.	Throughout the year pupils will be: completing movement, travel, balance and space activities: learning about health and being more aware of their body and needs: using small and large equipment					
Reception	Experiments with different ways of moving and negotiates space successfully Increasing control over large balls and other objects		Uses balancing and climbing equipment safely and with confidence Increasing control in large scale movement		Children show good control in large and small scale movements They move confidently and safely in a range of ways	
	Learning Block 1	Learning Block 2	Learning Block 3	Learning Block 4	Learning Block 5	Learning Block 6
Year 1	Games Skills	Games skills	Gymnastics	Dance	Games	Games
	Games skills	Games skills	Games skills	Games skills	Athletics/OAA	Athletics/OAA
Year 2	Dance	Dance	Gymnastics	Gymnastics	Games	Games
	Games skills	Games skills	Games skills	Games skills	Athletics/OAA	Athletics/OAA
Year 3	Dance	Dance	Gymnastics	Gymnastics	Games	Games
	Striking and Fielding	Striking and Fielding	Invasion games	Invasion games	OAA/Athletics	OAA/Athletics
Year 4	Striking and Fielding	Net and Wall games	Gymnastics	Dance	Athletics/OAA	Athletics/OAA
	Games	Games	Striking and fielding	Striking and fielding	Swimming	Swimming
Year 5	Games	Gymnastics	Gymnastics	Dance	Athletics/Games	Athletics/Games
	Striking and fielding/invasion games	Striking and fielding/ invasion games	Swimming	Swimming	OAA	OAA
Year 6	Games	Games	Gymnastics	Gymnastics	Dance	Dance
	Swimming	Swimming	Games	Games	Games/OAA	Games/OAA